# Fix It and Forget It Lightly Revised Updated: A Comprehensive Guide to Long-Term Investing



Fix-It and Forget-It Lightly Revised & Updated: 600 Healthy, Low-Fat Recipes For Your Slow Cooker

by Phyllis Good

Language : English File size : 7416 KB Text-to-Speech : Enabled Screen Reader : Supported Enhanced typesetting: Enabled Word Wise : Enabled Print length : 903 pages Lending : Enabled



In the realm of personal finance, few books have had a lasting impact like "Fix It and Forget It." First published in 1998, this investing guide has sold over a million copies and revolutionized the way many Americans think about long-term wealth building.

The core premise of "Fix It and Forget It" is remarkably simple: create a diversified portfolio of low-cost index funds and hold it for the long haul, regardless of market fluctuations. This approach, pioneered by author and financial advisor Philip Fisher, has been shown to consistently outperform active management strategies over extended periods of time.

Over the years, Fisher has revised and updated "Fix It and Forget It" to reflect changes in the financial landscape. The latest edition, "Fix It and Forget It Lightly Revised Updated," contains updated recommendations on asset allocation, fund selection, and rebalancing strategies.

In this comprehensive guide, we will explore the key principles of "Fix It and Forget It," highlight the updates in the latest edition, and provide practical guidance on how to implement this investing strategy in your own financial plan.

#### The Principles of Fix It and Forget It

The "Fix It and Forget It" philosophy is based on the following principles:

- Invest in low-cost index funds. Index funds are passively managed funds that track a specific market index, such as the S&P 500. They offer low fees and broad diversification, which can significantly improve your investment returns over time.
- Diversify your portfolio. Diversification is the key to reducing risk in your investment portfolio. By investing in a variety of asset classes, such as stocks, bonds, and real estate, you can minimize the impact of any one asset class underperforming.
- Rebalance your portfolio regularly. As your investments grow, the asset allocation of your portfolio will naturally change. Periodically rebalancing your portfolio will ensure that your asset allocation remains aligned with your risk tolerance and investment goals.
- Stay the course. The stock market is inherently volatile. There will be times when the market experiences significant fluctuations. However, it is important to remember that over the long term, the stock market has

always trended upward. By staying the course and avoiding the temptation to panic sell, you can maximize your investment returns.

#### Updates in Fix It and Forget It Lightly Revised Updated

The latest edition of "Fix It and Forget It" contains a number of updates, including:

- New recommendations on asset allocation. Fisher now recommends a more conservative asset allocation, with a greater emphasis on fixed income investments. This reflects his belief that the stock market is likely to experience lower returns in the coming years.
- Updated fund recommendations. Fisher has updated his recommendations on specific index funds. He now recommends funds that offer lower fees and broader diversification.
- New guidance on rebalancing strategies. Fisher provides more detailed guidance on how to rebalance your portfolio, including specific target asset allocations for different age groups.
- Expanded discussion of behavioral finance. Fisher discusses the psychological biases that can lead investors to make poor investment decisions. He provides practical tips on how to overcome these biases and make more rational investment decisions.

#### How to Implement the Fix It and Forget It Strategy

Implementing the "Fix It and Forget It" strategy is relatively straightforward. Here are the steps you need to take:

 Determine your risk tolerance. Your risk tolerance is the amount of risk you are comfortable taking with your investments. There are a number of factors that can affect your risk tolerance, such as your age, investment goals, and financial situation.

- Choose an asset allocation. Based on your risk tolerance, you need to choose an asset allocation that determines the percentage of your portfolio that will be invested in different asset classes, such as stocks, bonds, and real estate.
- Select index funds. Once you have chosen an asset allocation, you need to select specific index funds to invest in. There are a number of different index funds available, so it is important to do your research and choose funds that meet your investment goals and risk tolerance.
- Rebalance your portfolio regularly. As your investments grow, the
  asset allocation of your portfolio will naturally change. You should
  rebalance your portfolio periodically to ensure that your asset
  allocation remains aligned with your risk tolerance and investment
  goals.

"Fix It and Forget It Lightly Revised Updated" is a valuable resource for anyone who is interested in long-term investing. The book provides clear, concise, and actionable advice on how to build a diversified portfolio of low-cost index funds and hold it for the long haul. By following the principles outlined in this book, you can increase your chances of achieving your financial goals.

However, it is important to remember that investing involves risk. The stock market can be volatile, and there is no guarantee that your investments will always grow. Before you invest, you should carefully consider your investment goals and risk tolerance. You should also seek the advice of a

qualified financial advisor to ensure that your investment strategy is aligned with your individual circumstances.



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