

# Simply Julia: 110 Easy Recipes for Healthy Comfort Food

Julia Turshen is a chef, author, and cooking teacher who is known for her simple, approachable recipes. Her latest cookbook, Simply Julia, is a collection of 110 easy recipes for healthy comfort food. The recipes in Simply Julia are all designed to be quick and easy to make, and they use simple, everyday ingredients. The book is divided into chapters based on type of dish, such as soups, salads, main courses, and desserts. Each chapter includes a variety of recipes, so there is something for everyone to enjoy.

One of the things that makes Simply Julia so special is that the recipes are all so flavorful. Turshen uses a combination of fresh herbs, spices, and other ingredients to create dishes that are both delicious and healthy. For example, her Roasted Chicken with Lemon and Herbs is a simple dish that is packed with flavor. The chicken is roasted with lemon, garlic, thyme, and rosemary, and it comes out of the oven golden brown and crispy. The Lemon-Herb Dressing that is served with the chicken is also delicious, and it is a great way to add a little extra flavor to the dish.



## Simply Julia: 110 Easy Recipes for Healthy Comfort Food by Julia Turshen

★★★★☆ 4.7 out of 5

Language : English

File size : 257550 KB

Text-to-Speech : Enabled

Screen Reader : Supported

Enhanced typesetting : Enabled

X-Ray : Enabled

Word Wise : Enabled



Another thing that I love about Simply Julia is that the recipes are all so easy to make. Even if you are a beginner cook, you will be able to make these recipes with ease. The instructions are clear and concise, and the recipes are all well-written. I have made several of the recipes from Simply Julia, and they have all turned out perfectly. I especially love the One-Pot Pasta with Sausage and Kale. This dish is so easy to make, and it is packed with flavor. The sausage and kale add a lot of flavor to the dish, and the Parmesan cheese adds a touch of richness. I also love the fact that this dish is made in one pot, which makes cleanup a breeze.

If you are looking for a cookbook that is filled with delicious, healthy recipes that are easy to make, then I highly recommend Simply Julia. This book is a great resource for anyone who wants to cook more healthy meals at home.

### **Here are a few of my favorite recipes from Simply Julia:**

- Roasted Chicken with Lemon and Herbs
- Lemon-Herb Dressing
- One-Pot Pasta with Sausage and Kale
- Creamy Tomato Soup
- Roasted Brussels Sprouts with Bacon
- Apple Crisp

Overall, I give **Simply Julia** a rating of 5 out of 5 stars. This is a great cookbook that is filled with delicious, healthy recipes that are easy to make. I highly recommend this book to anyone who wants to cook more healthy meals at home.



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