

# Surfing Savant Journey With Asperger: A Tale of Triumph and Transcendence

Surfing is often seen as a symbol of freedom and adventure. It's a sport that requires skill, balance, and a deep connection with the ocean. For people with Asperger's Syndrome, surfing can be an even more rewarding experience.



## Just Add Water: A Surfing Savant's Journey with Asperger's by Robert Yehling

★★★★☆ 4.5 out of 5

Language	: English
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Screen Reader	: Supported
Enhanced typesetting	: Enabled
Word Wise	: Enabled
Print length	: 288 pages



Asperger's Syndrome is a developmental disorder that affects social interaction and communication. People with Asperger's often have difficulty understanding social cues and may be more rigid in their thinking and behavior.

Surfing can be a great way for people with Asperger's to improve their social skills and learn how to interact with others. It's a sport that requires teamwork and cooperation, and it can help people with Asperger's learn how to work well with others.

Surfing can also be a great way for people with Asperger's to relax and de-stress. The rhythmic motion of the waves and the sound of the ocean can be very calming. Surfing can also help people with Asperger's to connect with nature and appreciate the beauty of the world around them.

There are many surfing programs for people with Asperger's. These programs are designed to help people with Asperger's learn the basics of surfing, improve their social skills, and have fun.

One of the most successful surfing programs for people with Asperger's is the Surfers Healing program. This program was founded by Israel Paskowitz, a surfer who has Asperger's Syndrome himself. Surfers Healing provides free surfing lessons to children and adults with autism and other developmental disabilities.

The Surfers Healing program has been shown to have a number of benefits for people with Asperger's. These benefits include improved social skills, increased confidence, and a greater sense of well-being.

If you have Asperger's Syndrome, surfing is a great way to improve your social skills, relax and de-stress, and connect with nature. There are many surfing programs available for people with Asperger's, so you can find a program that's right for you.

## **The Surfing Savant**

John John Florence is a professional surfer who has Asperger's Syndrome. He is one of the most successful surfers in the world, and he has won several world surfing championships.

John John Florence was diagnosed with Asperger's Syndrome when he was a child. He struggled with social skills and had difficulty understanding social cues. However, he found solace in surfing. Surfing gave him a sense of freedom and helped him to connect with the world around him.

John John Florence is an inspiration to many people with Asperger's Syndrome. He shows that it is possible to overcome challenges and achieve your dreams. He is also a reminder that people with Asperger's have unique gifts and talents.

### **Surfing and Asperger's: A Match Made in Heaven**

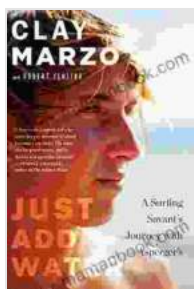
Surfing and Asperger's Syndrome may seem like an unlikely pair, but they can actually be a perfect match. Surfing provides many of the things that people with Asperger's need, such as:

- **Structure and routine:** Surfing is a sport that requires a lot of structure and routine. This can be helpful for people with Asperger's, who may struggle with unstructured activities.
- **Sensory stimulation:** Surfing provides a lot of sensory stimulation, which can be calming and soothing for people with Asperger's.
- **Social interaction:** Surfing is a social sport that can help people with Asperger's learn how to interact with others.
- **Physical activity:** Surfing is a great way to get exercise and stay active. This can be beneficial for people with Asperger's, who may have difficulty with physical activities.

If you have Asperger's Syndrome, surfing is a great way to improve your social skills, relax and de-stress, and connect with nature. There are many

surfing programs available for people with Asperger's, so you can find a program that's right for you.

Surfing is a great sport for people with Asperger's Syndrome. It can provide many benefits, such as improved social skills, increased confidence, and a greater sense of well-being. If you have Asperger's Syndrome, surfing is a great way to improve your quality of life.



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